



2010 Southern Zone Senior LC Championship Time Trials

Hosted By
YMCA of Orlando
August 4, 5, 6 & 7, 2010

Approval #'s A-5202; A-5203; A-5204; A-5205

- APPROVED BY:** Florida Swimming, Inc. of USA Swimming, Inc.
- SPONSORED BY:** YMCA Aquatic Center
- LOCATION:** YMCA Aquatic Center, Orlando, Florida
- DATES:** August 4, 2010; August 5, 2010; August 6, 2010; August 7, 2010
- TIME:** 15 minutes after the conclusion of the final preliminary heat each day.
- POOL:** One 8-lane, 50-Meter course for competition. Colorado Timing System.
- ELIGIBILITY:** Open to all swimmers already properly entered in the Southern Zone Senior LC Championships
- ENTRY LIMIT:** Two (2) individual events per day, including events swum in the Southern Zone Senior LC Championships. The order of events will be swum only one time each day.
- ENTRY FEES:** \$10 per event. Cash only will be accepted.
- ENTRIES:** Will be at the Clerk of course and will close 1 hour before the end of prelims each day.
- SEEDING:** 50 meter long course times.
- SCRATCHES:** No penalty for scratching at the block.
- RULES:** Current USA Swimming rules will apply.
- OFFICIALS:** Meet Referee: Matt Wilson - matthew.wilson@chicos.com
- INFORMATION:** Steve Corrie - 407-363-1911 - scorrie@cfymca.org

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ORDER OF EVENTS:

Wed – Aug 4		Thur – Aug 5		Fri – Aug 6		Sat – Aug 7	
Event #	Event	Event #	Event	Event #	Event	Event #	Event
101-102	100 Fr	201-202	200 Fr	301-302	100 Bk	325-326	1500 Fr
103-104	200 Bk	203-204	400 IM	303-304	400 Fr	327-328	800 Fr
105-106	200 Br	205-206	100 Bk	305-306	100 Br		
107-108	200 Fl	207-208	400 Fr	307-308	100 Fl		
109-110	200 Fr	209-210	100 Br	309-310	200 IM		
111-112	400 IM	211-212	100 Fl	311-312	50 Fr		
113-114	100 Bk	213-214	200 IM	313-314	100 Fr		
115-116	400 Fr	215-216	50 Fr	315-316	200 Bk		
117-118	100 Br	217-218	100 Fr	317-318	200 Br		
119-120	100 Fl	219-220	200 Bk	319-320	200 Fl		
121-122	200 IM	221-222	200 Br	321-322	200 Fr		
123-124	50 Fr	223-224	200 Fl	323-324	400 IM		

- Events, Distances, and Genders may be combined as the USA Swimming Rules Permit.