

SPEEDO CHAMPIONS SERIES
Southern Zone Southern Sectional Championship

THURSDAY, March 18, 2010		QUALIFYING TIMES					
ORDER OF EVENTS		CONFORMING TIMES		NON CONFORMING TIMES			
		LONG COURSE		SHORT COURSE METERS		SHORT COURSE YARDS	
Ev #	Event	WOMEN	MEN	WOMEN	MEN	WOMEN	MEN
1	1500M Women FR*	18:58.09		18:28.09		18:32.29	
2	800 M Men FR*		9:19.89		9:03.89		10:24.39
3-4	200 M MED Relay*	NTS	NTS	NTS	NTS	NTS	NTS
5-6	200 M FR Relay*	NTS	NTS	NTS	NTS	NTS	NTS

* Events 1-6 will be deck seeded. Positive check in by 4:00 pm is required to be seeded in events 1 & 2. Events 1 & 2 will be swum fastest to slowest, alternating one heat of event 1 and one heat of event 2 if only one course is used.
Events 3, 4, 5, & 6 will be swum after the conclusion of events 1 & 2. They will not begin before 7:00 pm with a positive check in by 6:00pm.
There will be at least a 5 min break after event 4.

FRIDAY, March 19, 2010		QUALIFYING TIMES					
ORDER OF EVENTS		CONFORMING TIMES		NON CONFORMING TIMES			
		LONG COURSE		SHORT COURSE METERS		SHORT COURSE METERS	
Ev #	Event	WOMEN	MEN	WOMEN	MEN	WOMEN	MEN
7-8	200 M FR	2:16.49	2:05.59	2:12.49	2:01.59	2:01.29	1:48.79
9-10	100 M BR	1:26.79	1:16.49	1:24.79	1:15.29	1:14.89	1:07.09
11-12	100 M FL	1:10.89	1:03.39	1:08.89	1:01.39	1:02.59	56.59
13-14	400 M IM *	5:30.39	5:05.49	5:22.39	4:57.49	4:50.29	4:32.79
15-16	800 M FR Relay**	9:29.89	8:58.89	9:17.09	8:46.09	8:29.79	7:35.59

*Event 13 & 14 will be swum as follows: fastest 4 heats of women; fastest 4 heats of men, slowest to fastest. All remaining heats, alternating women and men, fastest to slowest. **Event 15 & 16 will be swum in finals as follows: 2nd fastest women's; fastest women's; 2nd fastest men's; fastest men's; remaining heats will swim fastest to slowest, alternating women and men.

SATURDAY, March 20, 2010		QUALIFYING TIMES					
ORDER OF EVENTS		CONFORMING TIMES		NON CONFORMING TIMES			
		LONG COURSE		SHORT COURSE METERS		SHORT COURSE YARDS	
Ev #	Event	WOMEN	MEN	WOMEN	MEN	WOMEN	MEN
17-18	100 M BA	1:15.49	1:07.29	1:13.49	1:05.29	1:05.89	57.59
19-20	200 M IM	2:35.89	2:22.19	2:31.89	2:18.19	2:16.49	2:04.79
21-22	50 M FR	29.89	26.69	28.89	25.69	26.39	23.29
23-24	400 M FR***	4:43.29	4:26.39	4:35.29	4:18.39	5:16.59	4:54.89
25-26	400 M MED Relay****	5:00.09	4:32.89	4:53.69	4:29.49	4:23.49	3:55.89

Event 23-24 will be swum as follows: fastest 4 heats of women; fastest 4 heats of men, slowest to fastest. All remaining heats, alternating women and men, fastest to slowest. * Event 25-26 will be swum in finals as follows: 2nd fastest women's; fastest women's; 2nd fastest men's; fastest men's; remaining heats will swim fastest to slowest, alternating women and men.

SUNDAY, March 21, 2010		QUALIFYING TIMES					
ORDER OF EVENTS		CONFORMING TIMES		NON CONFORMING TIMES			
		LONG COURSE		SHORT COURSE METERS		SHORT COURSE YARDS	
Ev #	Event	WOMEN	MEN	WOMEN	MEN	WOMEN	MEN
27-28	200 M FL	2:34.39	2:23.99	2:30.39	2:21.99	2:17.49	2:05.59
29-30	100 M FR	1:04.19	57.99	1:02.19	55.99	56.79	50.79
31-32	200 M BR	3:05.39	2:49.79	3:01.39	2:45.79	2:41.69	2:27.09
33-34	200 M BA	2:40.19	2:24.99	2:36.19	2:20.99	2:21.19	2:07.59
35-36	400 M FR Relay#	4:28.49	4:04.09	4:22.09	3:57.69	3:49.89	3:23.59
37	800 M Wom FR##	9:49.39		9:33.39		11:00.49	
38	1500 M Men FR##		17:44.99		17:14.99		17:21.49

Event 35 & 36: Teams must declare AM/PM by the scratch deadline on Saturday night; based on declarations, meet management will best organize the order of finals relays. AM declared relays will swim slow to fast, all women, all men, prior to the distance events.
Events 37 and 38 are deck seeded events and will be swum as timed finals. The fastest heat of each Event will swim in the finals. The remaining heats will swim fastest to slowest, alternating with next fastest seeded heat of 37 followed by the next fastest seeded heat of 38 beginning after event 36 in the prelims. These swimmers may also declare AM/PM by the scratch deadline for Sunday's events.