



## Carrollwood Village Swim Team

### Summer Practice Schedules

*Be sure to check the latest CVST Calendars on the CVST Website for any changes to this schedule.*

<b>Bronze Group</b>	9:30-10:30am (Mon-Fri)
<b>Silver/Gold Group</b>	9:30-11:00am (Mon-Fri)
<b>Senior 2 Group</b>	6:00-8:00am (Mon-Fri) & 4:00-6:00pm (Mon- Fri) 7:00-10:00am (Sat)
<b>Senior 1 Group</b>	6:00-8:00am (Mon-Fri) & 4:00-6:00pm (Mon- Fri) 7:00-10:00am (Sat)
<b>Morning Weights Group*</b>	5:00-6:00am (Tue/Thu) 6:00-7:00am (Sat)
<i>* You must have permission from Jim, in advance, to participate in these practices.</i>	
<b>Summer School/Camp Practice**</b>	6:00-7:00pm (Mon-Thu)
<i>** You Must Notify Randy or Meredith, in writing, at least two (2) weeks in advance of the Summer School/Camp Practices you wish to attend in order to for these practice to be offered.</i>	