



**CARROLLWOOD VILLAGE SWIM TEAM  
CVST END OF SUMMER INVITATIONAL  
SATURDAY, JULY 31, 2010**

- SANCTIONED BY:** Florida Swimming of USA Swimming # 5174  
"In granting this approval it is understood and agreed that USA-S and Florida Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event."
- CONDITION OF SANCTION:** The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
- TYPE OF MEET:** 25 Yd. SC Invitational, 8&U, 10&U, 11-12, Senior, Timed Finals
- DATE & TIME:** Saturday, July 31, 2010, Session 1 - 10:00 AM, Session 2 - 3:30 PM
- LOCATION:** Emerald Greens Golf Resort & Country Club Recreation Center, 13985 Clubhouse Drive, Tampa, Florida 33618
- POOL SPEC:** The water depth at the competition starting ends & turn ends is a minimum of 4 feet. Certified 25 Yd. outdoor pool, non-turbulent lanes, Daktronics Timing System
- WARM-UP:**
- |                    |                |  |
|--------------------|----------------|--|
| 8:30 am to 9:50 am | 8:30 - 9:30 am | Lanes 1 to 10 continuous lap swimming  |
|                    | 9:30 - 9:50 am | Lanes 2 to 9 continuous lap swimming<br>Lanes 1 and 10 one way racing starts |
| 2:30 pm to 3:20 pm | 2:30 - 3:00 pm | Lanes 1 to 10 continuous lap swimming  |
|                    | 3:00 - 3:20 pm | Lanes 2 to 9 continuous lap swimming<br>Lanes 1 and 10 one way racing starts |
- \*\*\*\*\*ONE HAND MUST BE ON THE DECK WHEN ENTERING THE POOL, WHEN NOT DOING A RACING START.**  
**\*\*\*\*\*NO EQUIPMENT MAY BE USED AT ANY TIME**
- ELIGIBILITY:** Open to invited USA Swimming registered swimmers.
- SEEDING:** 25 yard times will be used for seeding.
- SCRATCHES:** No penalty for scratching on the block.
- ENTRY LIMIT:** Three (3) individual events per session. Five (5) individual events for the meet. Swimmers over entered will be considered as entered in their first five (5) events.
- ENTRY FORM:** Entries must be submitted by Electronic Entry, in the SDIF or CL2 Format. Entries will be accepted via electronic mail attachment to the CVST Office at **Jim@CVST.org** or via mailed 1.44mb disk. Entries must be in USA Swimming SDIF format or Hy-Tek CL2 format. Free text e-mail entries will not be accepted. Disk or e-mailed entries must be accompanied by a backup hard copy of the entry. List all attending coaches and contact phone numbers, in the body of the e-mail. Corrupted, unreadable, or incorrectly formatted files must be corrected within 24 hours. Errors in entries submitted electronically are the responsibility of the applicant. Electronic mail confirmation will be sent upon receipt of file. If using the enclosed Entry Form, the form will serve as proof of entry. The legal name and current USA Swimming Registration Number for each swimmer **must** be listed on the Entry Form. The Master Entry Form must accompany the proof of entries and a current USA Swimming Member must sign the form. All applicable entry fees must be received by the CVST by the entry deadline listed in this meet information letter.
- ENTRY FEE:** \$3.00 per individual event, \$5.00 per relay event, \$7.50 per swimmer Facility Fee.
- ENTRY DEADLINE:** Entries must be received by Monday, July 26, 2010, 12:00 PM.  
E-mail to: Jim@CVST.org



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Mail by Express Mail to: CVST / Jim Kelly, 13985 Clubhouse Drive, Tampa, Florida 33618  
Enclose check payable to: CVST

- DECK ENTRIES:** Deck entries will be accepted to fill heats only. No new heats will be created. Fees are \$10.00 per event, individual or relay and must be paid at time of entry. Deck entries will be accepted by the administrative referee and assigned a lane no later than 30 minutes prior to the start of each session. A swimmer may not drop an event to deck enter another event. The entry limit of 5 individual swims per day applies.
- AWARDS:** Individual: Ribbons 1st – 8th; Relays: 1st – 8th
- RULES:** Current USA Swimming Technical Rules will govern. Safety rules as outlined by USA Swimming, and as recommended by the Head Marshall, will be in effect during the meet.
- TEAM REP:** Prior to the start of the meet, the name of one person other than the coach will be given to the referee. Only the coach and that person will be recognized by the referee relative to matters pertaining to the meet.
- Coaches & Off:** Coaches and Officials shall wear their USA Swimming registration card in a conspicuous location at all times while on deck during a swim meet.
- OFFICIALS:**  
Head Referee - Bob Griffiths  
Deck Referee - Tom Nelson  
Starter - John Volz  
Stroke & Turn - Rick Sheridan  
Marshall - Carol Lynch  
Meet Directors - Jill Cappadoro/Nancy Westbrook
- INFORMATION:** CVST - 813-961-1368 / [www.CVST.org](http://www.CVST.org)



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**ORDER OF EVENTS**

<b>SESSION 1 Warm-up 8:30am/Start 10:00am</b>		
<b>EVENT NUMBER</b>	<b>AGE GROUP</b>	<b>EVENT</b>
1-2	Senior	200 Free
3-4	11-12	100 Free
5-6	10-U	100 Free
7-8	8&U	50 Free
9-10	Senior	200 IM
11-12	11-12	100 IM
13-14	10-U	100 IM
15-16	8&U	100 IM
17-18	Senior	50 Free
19-20	11-12	25 Free
21-22	10-U	25 Free
23-24	8&U	25 Free
25-26	Senior	100 Fly
27-28	11-12	50 Fly
29-30	10-U	50 Fly
31-32	8&U	25 Fly
33-34	Senior	400 Medley Relay
35-36	11-12	200 Medley Relay
37-38	10-U	200 Medley Relay
39-40	8&U	100 Medley Relay
<b>SESSION 2 Warm-up 2:30pm/Start 3:30pm</b>		
<b>EVENT NUMBER</b>	<b>AGE GROUP</b>	<b>EVENT</b>
41-42	Senior	400 Free Relay
43-44	11-12	200 Free Relay
45-46	10-U	200 Free Relay
47-48	8&U	100 Free Relay
49-50	Senior	100 Free
51-52	11-12	50 Free
53-54	10-U	50 Free
55-56	8&U	25 Free
57-58	Senior	500 Free
59-60	11-12	200 Free
61-62	10-U	200 Free
63-64	8&U	100 Free
65-66	Senior	100 Back
67-68	11-12	50 Back
69-70	10-U	50 Back
71-72	8&U	25 Back
73-74	Senior	100 Breast
75-76	11-12	50 Breast
77-78	10-U	50 Breast
79-80	8&U	25 Breast
81-82	Crescendo	250 Free Relay *

**\*These events are not recognized by Florida Swimming.**



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MASTER ENTRY FORM

NAME OF TEAM \_\_\_\_\_ CALL LETTERS \_\_\_\_\_
ADDRESS \_\_\_\_\_
HEAD COACH \_\_\_\_\_ LSC \_\_\_\_\_
E-MAIL ADDRESS \_\_\_\_\_
HOME PHONE \_\_\_\_\_ OFFICE PHONE \_\_\_\_\_

SWIMMER/COACH REGISTRATION

I CERTIFY THAT ALL INDIVIDUALS LISTED ON THE ATTACHED ENTRY FORM ARE CURRENTLY REGISTERED MEMBERS OF USA SWIMMING AND ARE ELLIGIBLE TO COMPETE IN THIS MEET. I FURTHER CERTIFY THAT ONE OR MORE OF THE FOLLOWING COACHES WILL BE ON-DECK SUPERVISING THE ACTIVITIES OF THESE INDIVIDUALS DURING ALL WARM-UP AND COMPETITIVE SESSIONS OF THE MEET.

Table with 2 columns: NAME OF COACH, TEAM. Includes three rows of blank lines for entry.

I CERTIFY THAT THE INDIVIDUALS LISTED ABOVE ARE CURRENTLY REGISTERED USA SWIMMING COACH MEMBERS, AND THAT I AM A CURRENT USA SWIMMING REGISTERED NON-ATHLETE MEMBER.

Signature (must be USA Swimming member) \_\_\_\_\_ Team \_\_\_\_\_ Date \_\_\_\_\_

FINANCIAL RECAP

Table listing fees: Facility Fee (# of Swimmers), Women's Individual Events, Men's Individual Events, Women's Relay Events, Men's Relay Events. Includes columns for rate and total amount.

TOTAL ENTRY FEES PAID = \$ \_\_\_\_\_

ENTRIES MUST BE RECEIVED BY: Monday, July 26, 2010 12:00 PM
MAIL TO: CVST/Jim Kelly, 13985 Clubhouse Drive, Tampa, Florida 33618
E-MAIL TO: Jim@CVST.org