

Subj: **CVST E-mail Update - March 24, 2008**
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 From: [CVSwimTeam](#)
 To: [CVSwimTeam](#)
 BCC: [CVSTJIM](#)



Dear CVST E-mail Update Recipient,

[Click Here for Upcoming Events & Important Deadlines](#)

[Click Here for Meets Currently Available Meets for Sign-up](#)

1. **Parent's Night Out at Emerald Greens**
2. **Swim Parents Volunteer Opportunities**
3. **CVST Alumni Reunion & Golf Tournament**
4. **CVST Offers Returning Swimmers Annual "Early Bird Special"**

Parent's Night Out at Emerald Greens

We are putting together a group for an evening out at the Club, for our CVST Parents. We are planning it for this Friday, March 28th. Happy Hour begins at 5:00pm in the Grill Room and we will have a 7:00pm dinner reservation in the main dining room. If you plan on joining the group, please let Jim or Randy know by 6:30pm on Wednesday, March 26th, so we can set up our dinner reservations. There is also dancing and live entertainment by Tony Milio. [Click Here](#) for more.

Swim Parents Volunteer Opportunities

We Can't Run a Meet without You!

Boys and Girls Clubs National Meet April 11-13, 2008

This is a meet with participants from different parts of the country, and it's a great opportunity to show our CVST hospitality. We usually have around 400-450 swimmers.

Tampa Bay Classic Invitation Meet – June 6-8, 2008

This is a large invitational meet attended by several swim teams from Florida and a few from other states. We are the host team, and have almost 500 swimmers in the meet.

<p>Session times:</p> <p>Friday evening (from ~3:30 until ~ 9 pm)</p> <p>Saturday and Sunday morning from ~ 7 am until 12 noon (preliminary sessions)</p> <p>Saturday and Sunday evening from ~ 3:30 until 9 pm (finals)</p>	<p>Session times:</p> <p>Friday evening (from ~ 3:30 until 9)</p> <p>Saturday and Sunday morning (13+ yr old swimmers) from ~ 7 am – 12 noon</p> <p>Saturday and Sunday afternoon (12 yr and under swimmers) from 12 noon until 5 pm.</p>
<p>Click Here Now to Volunteer for Both of These Meets On-line!</p>	

At both meets we need parents to help with the following:

1. Timers – easy, fun and guaranteed to be the best seat in the house (or pool deck.) We train you, give you a partner, and provide refreshments at no charge! It's a great way to play a very important role, and your kids will think you are really cool because you get to use an official stop watch.

2. Concession stand – As a member of this committee you might shop (using the CVST credit card) at Sam's Club to buy mega-amounts of snacks, condiments, hamburgers, etc. At the meet, you help set up the inventory, handle the cash sales, and generally make people happy by giving them the opportunity to buy the snacks, drinks and other good stuff we have. We also need a grill master or two to cook burgers and hot dogs during the late morning and evenings. Concession stand also handles selling the heat sheets and t-shirts, which are the hottest "must have" items at the meet.

3. Hospitality – this is a primo job! CVST is well known among the Florida Swimming officials as the team that has the best hospitality! This committee provides snacks and meals for our officials and meet staff during the meets – breakfast, lunch and sometimes even dinner, depending on the meet. (don't worry, somebody else does the cooking – most of the meals are donated by our generous restaurant sponsors.) This busy committee sets up in the wonderful kitchen facility at the Northshore pool (read this as you get to be in the air conditioning!) and makes rounds during the meet to give snacks and beverages to our timers. (see job #1 – we love our timers!)

4. Announcer – A chance to be "the voice of CVST." This person announces the events and winners throughout the meet. We provide the script, the microphone and the updated results for you – this is great for those of us who love to talk, talk, talk!!

5. Runners – hahaha, you ask why we need runners at a swim meet, right?? This is the person who goes back and forth between the electronic scoring table to the timers (our favorite people, see job #1) to validate the times when the electronic timing system doesn't capture the time correctly. We might also need you to post the results sheets up where everyone can see them; but we'll let you walk for that job. J

6. Awards – As the events are completed, and the results are tabulated, this person receives the results from the meet, printed out on sticky labels, which are then put on the ribbons and medals, and then distributed to the coaches. It's fun, and easy – no prep work, just do your job and it's done! But it's really important to those kids who leave the meet with a ribbon or medal.

Volunteering at a CVST swim meet is a great way to let your kids see how much you are supporting their swim team. The kids are always excited about the meets, and it really does take the dedication of all CVST parents to make each meet a success.

Also, since CVST is a non-profit organization, high school kids can get service hours for volunteering. Have them check with their school for the paperwork, and the meet directors will happily sign off to validate their hours. (Last year we had several members of the Sickles High School National Honor Society, and they were great!)

The meet directors this year are Jill Cappadoro and Nancy Westbrook. Please feel free to ask us any questions you might have. Meet committee chairs will be assigned soon, and sign up sheets for volunteers will be posted in March –

So.... Get that index finger in shape (hint: you use your index finger to start the stop watch because that's the finger with the fastest response.)

Remember – we can't run a meet without you!

[Click Here](#) Now to Volunteer for Both of These Meets On-line!

CVST Alumni Reunion & Golf Tournament

Dear Fellow Alumni, Parents and Friends of CVST,

It is amazing to think two years have gone by since our last CVST Golf Classic, Dinner and Reunion. Due to the success and popularity we are scheduled to host the 2nd CVST Reunion during the weekend of May 10, 2008. Over 60 golfers teamed up at the last reunion that contributed to \$3,500 raised for the swim team.

To celebrate the completion of the gorgeous new pool, the reunion weekend will kickoff with a family pool party on Saturday, May 10th (time still to be determined). Families are invited to tour the facility and enjoy the refreshing pool while connecting with old and new swimmers. Food and drinks will be available for purchase, no coolers please.

The weekend continues with the Golf Classic on Monday, May 12, 2008. Shotgun will be at 12:30 p.m. and the cost is \$150 per golfer. The cost includes 18 hole round of golf, lunch, drinks, gift bag and ticket for dinner. Following the golf tournament, the Reunion Dinner will be at 6:30 p.m. in the main clubhouse. For non-golfers, dinner will be \$40 per person and includes a full buffet. Prior to the dinner there will be a silent auction to raise funds for the swim team. Please note the weekend is not limited to former swimmers and we are welcoming all including parents, coaches and officials.

The team has shaped each and every one of our lives throughout the years; more importantly, the lasting friendships. We hope you will join us for this special event and appreciate you taking the time to give something back to the team.

We look forward to seeing everyone during the Reunion Weekend activities and please remember the registration deadline for golf and the dinner is Friday, May 2, 2008. More will be coming out on the Saturday Pool Party in the near future.

Sincerely,

Michelle Gorecki

CVST Board Alumni Rep

[Click Here](#) to download the Golf Tournament & Reunion Dinner Registration Form.

[Click Here](#) for Reunion Auction Donation Form.

CVST Offers Returning Swimmers Annual "Early Bird Special"

Well, now that the warm weather is finally on the way, at least according to Grover, the CVST groundhog, it's time for everyone to come back and get back into the swim of things once again (actually it never really got that cold, it's been a pretty warm winter). Earlier this month, Grover came out of his den, and looked around but didn't see his shadow (unlike Phil, that fraud up in Pennsylvania). Everyone knows that if a groundhog doesn't see his shadow on Groundhog's Day, it means Spring is right around the corner.

For those of you who do start back now, we are offering our annual "Early Bird Special" (EBS). It covers the rest of this session and the summer session (all the way through August), and comes to a discount of almost 25% off the regular CVST Rates. [Click Here](#) for all of the information!

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